

## Liên Đoàn Nguồn Sống Ấu Nhi Minimum Standard Supplemental Resource

### Standards Overview

This supplemental resource can be utilized to provide additional guidance regarding the VEYM Minimum Standards and Curriculum for Ngành Ấu Nhi across the three levels. It explains the purpose behind what we teach and provides a clear vision for student outcomes once they have completed Ngành Ấu Nhi, as many of the lessons build upon each other to develop a deeper understanding of specific topics related to Ngành Ấu Nhi. Please use it as a guide as you plan your lessons and assessments throughout this school year.

### THÁNH THỂ

Levels	Standards	Lessons	Objective Overview
Cấp 1	AN.1.TT.1 – TT.5	Bread & Wine, Consecration, Worthiness, Spiritual Communion	Teach reverence for the Eucharist, recognizing it as the True Presence of Christ. Children learn that the bread and wine are not just symbols but truly become Jesus Himself. This early understanding plants the seed of faith in Christ's real presence, helping them love the Mass, and begin to develop the spiritual discipline of preparing their hearts to receive God.
Cấp 2	AN.2.TT.1 – TT.5	What is the Eucharist, Names, Institution, First Communion, Living the Eucharistic Day	Develops deeper theological understanding of the Eucharist as the center of Catholic worship. Learning its biblical roots, names, and history teaches reverence and awe. Children preparing for First Communion are taught how to approach Jesus with purity, intention, and love, which reinforces the sacrament as a personal encounter with God, not just a ritual.
Cấp 3	AN.3.TT.1 – TT.5	Love & Adoration, Origins of Adoration, Forms, Visiting Jesus, Eucharistic Living	Deepens Eucharistic spirituality by helping children understand Adoration and reverence in Jesus' presence. They learn that visiting the tabernacle is a holy act, that different forms of adoration exist, and that living the Eucharistic Day means making every moment an offering to God. These lessons help youth build habits of silence, respect, and spiritual intimacy with Christ.

## PHONG TRÀO

Levels	Standards	Lessons	Objective Overview
Cấp 1	AN.1.PT.1 – PT.3	TNTT Motto, Scarf, 5 Tâm Niệm	Builds identity and pride in being a TNTT member. Children learn that being part of the Vietnamese Eucharistic Youth Movement means more than just showing up. It's about living by Christ-like values such as obedience, humility, and joy. The scarf and slogans give them a sense of mission and belonging in the Church's evangelizing work.
Cấp 2	AN.2.PT.1 – PT.3	Prayers and Living the Eucharistic Day	Teaches daily prayer life and spiritual discipline. Memorizing morning and evening prayers helps them build a habit of speaking to God throughout the day. Living the Eucharistic Day teaches them that Catholicism isn't limited to Sundays, but a daily walk of holiness and offering, VEYM's ultimate teaching method in helping form habits that deepen their identity as intentional disciples
Cấp 3	AN.3.PT.1 – PT.2	Spiritual Bouquet, Flags	Teaches children how to offer sacrifices and prayers for others, introducing intercession and the power of spiritual acts. The understanding of banners and flags gives symbolic meaning to leadership, teamwork, and group identity. These prepare children to serve their communities, honor their Catholic heritage, and take spiritual responsibility for others.

## CHUYÊN MÔN

Levels	Standards	Lessons	Objective Overview
Cấp 1	AN.1.CM.1 – PT.2	Tie shoes, Semaphore A–N	Teaches self-reliance and responsibility through basic tasks. Semaphore introduces teamwork and foundational communication skills. These practical lessons also symbolize preparedness and discipline in living out one's faith.
Cấp 2	AN.2.CM.1 – CM.2	Semaphore O–Z, Decode 5–10 word messages	Strengthens logical thinking and attentiveness. Being able to decode and understand messages reflects how Catholics must be alert and discerning in a noisy world. It also introduces how evangelization requires both creativity and clarity, helping youth become intentional communicators of truth.
Cấp 3	AN.3.CM.1 – CM.2	Full Semaphore A–Z, Decode 15–20 words per minute	Trains mastery, focus, and commitment. At this level, they will build on their knowledge from C1-C2 and be challenged to refine their skills and

			persevere, much like a growing disciple who must prepare to lead others It fosters patience, confidence, and technical fluency.
--	--	--	--

## NGHIÊM TẬP

Levels	Standards	Lessons	Objective Overview
Cấp 1	AN.1.NT.1 – NT.2	Basic stances, whistle commands, line formations	Introduces respect for authority and unity in action. Just as the Church is one Body, these exercises teach youth to move together in harmony and follow instructions, cultivating obedience and attentiveness.
Cấp 2	AN.2.NT.1 – NT.2	Circle and horizontal formations	Continues to build on their knowledge of formations. These formations allow for awareness of one's role in a larger mission. Just as the Church has both visible order and invisible grace, these practices help youth understand the importance of order and purpose.
Cấp 3	AN.3.NT.1 – NT.2	Semicircle and U-formations	Encourages deeper awareness of symbolic movement and meaning in structure. These forms subtly teach leadership, engagement, and responsiveness. Structure leads to clarity and unity with God's people.

## CA HÁT

Levels	Standards	Lessons	Objective Overview
Cấp 1	AN.1.CH.1 – CH.4	Âu Nhi Ca, Bé Muốn Lên Thiên Đàng, God So Good, etc.	Encourages joyful worship and memorization of core truths through song. Singing lifts the heart to God and helps children internalize theological truths. Music is an effective way to catechize and inspire love for Jesus from an early age.
Cấp 2	AN.2.CH.1 – CH.4	Thiếu Nhi Tân Hành Ca, Manna Cho Em, etc.	Builds deeper emotional and spiritual connection to faith through themed music. Songs related to Scripture and Eucharistic imagery deepen understanding of God's providence, care, and mission. Singing together creates a sense of unity and shared praise.
Cấp 3	AN.3.CH.1 – CH.4	Về Đất Hứa, Making Melody in My Heart, Chúa Là Gì, etc.	Promotes interior reflection and outward expression of faith. These songs connect theology with daily life, teaching that worship isn't just words but a lifestyle. Children learn to make music an act of prayer.

## Standards Recommendations

Liên Đoàn Nguồn Sống continues to encourage all Đoàns to follow the guidelines of the VEYM Minimum Curriculum Standards which should be implemented throughout each academic year. The following resource provides additional guidance on areas of deeper focus. Standards that are highlighted are recommended focus areas for deeper emphasis. Ngành Trưởng should take extra care in ensuring these standards are emphasized and met. Standards are organized from highest priority to lower priority however all standards should be met by the Đoàn per VEYM guidelines. This guidance is meant to help with prioritizing instructional time and effort.

<b>Ấu Nhi Cấp I</b>		
	Standard	Lesson
<b>THÁNH THỂ</b>	AN.1.TT.3	Khi nào thì bánh rượu trở thành Mình và Máu Thánh Chúa Giêsu When Bread & Wine Becomes Body & Blood of Christ
	AN.1.TT.5	Rước Lễ Thiêng Liêng Spiritual Communion
	AN.1.TT.4	Vậy ai được rước Mình và Máu Thánh Chúa Who Can Receive the Body & Blood of Christ
	AN.1.TT.1	Bánh và Mình Thánh là gì Bread and The Body of Christ
	AN.1.TT.2	Rượu và Máu Thánh là gì Wine and the Blood of Christ

	Standard	Lesson
<b>PHONG TRÀO</b>	AN.1.PT.2	Hiểu biết ý nghĩa của 4 Khẩu Hiệu Thiếu Nhi Thánh Thể Understand the meaning of the 4 Slogans of TNTT
	AN.1.PT.1	Châm Ngôn & Khăn Ấu Nhi Motto and Scarf of Ấu Nhi
	AN.1.PT.3	Điều Tâm Niệm 1-5

		Memorize and recite Tâm Niệm 1–5
--	--	----------------------------------

CHUYÊN MÔN	Standard	Lesson
	AN.1.CM.2	Nhận biết các mẫu tự Semaphore A–G và H–N Recognize Semaphore letters A–N
	AN.1.CM.1	Tập thắt dây giày Tie their own shoes

NGHIÊM TẬP	Standard	Lesson
	AN.1.NT.1	Thế Nghỉ, Nghiêm, Hướng Tâm, Về Đất, Chào, Quay Phải, Trái, Đứng Sau Understanding the purpose of each formation and following commands
	AN.1.NT.2	Hiệu Còi Tập Hợp, Cách So Hàng, Hàng Dọc Practice basic line formations and whistle commands

CA HÁT	Standard	Lesson
	AN.1.CH.1	Ấu Nhi Ca Ấu Nhi Anthem
	AN.1.CH.4	God So Good
	AN.1.CH.2	Bé Muốn Lên Thiên Đàng
	AN.1.CH.3	Em Ra Về

## Ấu Nhi Cấp 2

Standard		Lesson
THÁNH THỂ	AN.2.TT.5	Sống Ngày Thánh Thể Living the Eucharistic Day
	AN.2.TT.1	Bí Tích Thánh Thể là gì What is the Holy Eucharist
	AN.2.TT.4	Ngày Rước Lễ lần đầu First Communion
	AN.2.TT.3	Bí Tích Thánh Thể Được Lập Ra Institution of the Holy Eucharist
	AN.2.TT.2	Những tên gọi của Bí Tích Thánh Thể Different Names for the Holy Eucharist

Standard		Lesson
PHONG TRÀO	AN.2.PT.2	Kinh Dâng Ngày & Kinh Rước Lễ Thiêng Liêng Morning Offering & Spiritual Communion Prayers
	AN.2.PT.3	Kinh Dâng Đêm Evening Offering
	AN.2.PT.3	Điều Tâm Niệm 6-10 Memorize and recite Tâm Niệm 6-10

CHUYÊN MÔN	Standard	Lesson
	AN.2.CM.2	Nhận được một bản tin khoảng 5–10 chữ trong một phút Decode a semaphore message (5–10 words per minute)
	AN.2.CM.1	Nhận biết các mẫu tự Semaphore O–Z Recognize Semaphore letters O–Z

NGHIÊM TẬP	Standard	Lesson
	AN.2.NT.2	Tập Hợp Hình Ngang Horizontal Formation
	AN.2.NT.1	Tập Hợp Hình Tròn Circle Formation

CA HÁT	Standard	Lesson
	AN.2.CH.1	Thiếu Nhi Tân Hành Ca
	AN.2.CH.4	Manna Cho Em
	AN.2.CH.2	Đôi Bàn Tay
	AN.2.CH.3	Cánh Cửa Em

## Ấu Nhi Cấp 3

	Standard	Lesson
<b>THÁNH THỂ</b>	AN.3.TT.5	Sống Ngày Thánh Thể Living the Eucharistic Day
	AN.3.TT.1	Yêu mến và tôn kính Thánh Thể Love & Revere the Eucharist
	AN.3.TT.4	Các em làm gì khi Viếng Chúa tại nhà tạm Actions in the Presence of the Eucharist
	AN.3.TT.3	AN.3.TT.3 – Những hình thức khác nhau của Châu Thánh Thể Different Forms of Eucharistic Adoration
	AN.3.TT.2	Châu Thánh Thể bắt nguồn từ đâu Origins of Eucharistic Adoration

	Standard	Lesson
<b>PHONG TRÀO</b>	AN.3.PT.1	Bó Hoa Thiêng The Spiritual Bouquet
	AN.3.PT.2	Hiểu biết và phân biệt cờ đoàn và cờ đội Recognize Chapter and Team Flags

	Standard	Lesson
<b>CHUYÊN MÔN</b>	AN.3.CM.2	Nhận Bản Tin Tốc Độ 15–20 chữ một phút Decode Semaphore Message (15–20 words/minute)
	AN.3.CM.1	Thực tập đánh Semaphore A–Z Practice Semaphore A–Z

	Standard	Lesson
<b>NGHIÊM TẬP</b>	AN.3.NT.2	Tập Hợp Chữ U U-Shape Formation

	AN.3.NT.1	Tập Hợp Hình Bán Nguyệt Semi-Circle Formation
--	-----------	--

CA HÁT	Standard	Lesson
	AN.3.CH.4	Chúa Là Gì
	AN.3.CH.3	Making Melody in My Heart
	AN.3.CH.2	Về Đất Hứa
	AN.3.CH.3	Thiếu Nhi Tân Hành Ca