

Liên Đoàn Nguồn Sống Hiệp Sĩ Minimum Standard Supplemental Resource

Standards Overview

This supplemental resource can be utilized to provide additional guidance regarding the VEYM Minimum Standards and Curriculum for Ngành Hiệp Sĩ across the three levels. It explains the purpose behind what we teach and provides a clear vision for student outcomes once they have completed Ngành Hiệp Sĩ, as many of the lessons build upon each other to develop a deeper understanding of specific topics related to Ngành Hiệp Sĩ.

Purpose of Ngành Hiệp Sĩ	
<p>Ngành Hiệp Sĩ is the stage where faith comes alive through action. At this point in their journey, they are called not just to know Jesus, but to serve Him by leading others to Christ, being a light in a broken world, and revealing God's love through their lives. Hiệp Sĩ is a vocation and a calling to serve. The mission of Hiệp Sĩ is to Unite with, Protect, and Spread the Eucharist (UPS). The slogan (Khẩu Hiệu) is ""Dấn Thân"", which means to plunge headfirst into the world. This reminds them that Hiệp Sĩ must be an active and engaged ngành, not just learning the faith, but living it boldly. Hiệp Sĩ must not be afraid to share and witness their faith with courage and love.</p>	
Standard	Objective Overview
Thánh Kinh - Bible	<p>Scripture is essential in the life of a Hiệp Sĩ. It is through God's Word that they come to know His heart and His plan for us. A faithful Hiệp Sĩ must: Know God's Word by reading and reflecting on Scripture regularly, live God's Word by making decisions based on Jesus' teachings and Gospel values, and share God's Word through daily witness, acts of service, and love for others.</p>
Đời Sống Tôn Giáo - Spiritual Life	<p>As Knights of the Eucharist, they must be deeply rooted in the Eucharist. This means: spending time in Eucharistic Adoration, receiving Holy Communion with faith and reverence, and living out the Eucharistic Day in their daily lives. Hiệp Sĩ must continue to build and deepen their faith. They learn about sacred encounters with God that strengthen and nourish our faith. To be a Hiệp Sĩ is not just about learning, they must: know their faith, live it daily, and put it into action by serving others and witnessing Christ in the world.</p>
Phong Trào - VEYM	<p>Hiệp Sĩ will begin to discern the call of leadership and begin the transition from Đoàn Sinh to Huynh Trưởng. That's why it is essential for Hiệp Sĩ to: understand the mission of VEYM, reflect on the role and vocation of a Huynh Trưởng, and begin forming the heart and mindset of a servant leader. This stage is not just about growing in knowledge, but about preparing to serve, lead, and guide others in faith.</p>
Specialty Training	<p>Service isn't just about helping others, it must be intentional and well-organized. Providing Hiệp Sĩ with structured lessons on service will equip them with the mindset, skills, and preparation they need to serve others meaningfully. Specialty Training plays a key role in this. It helps Hiệp Sĩ serve with purpose and clear direction, knowing what to do and how to do it, and with a heart that desires to love and serve like Christ.</p>

Standards Recommendations

Liên Đoàn Nguồn Sống continues to encourage all Đoàns to follow the guidelines of the VEYM Minimum Curriculum Standards which should be implemented throughout each academic year. The following resource provides additional guidance on components of the curriculum to guide learning and teaching. Added objectives for further guidance are indicated with ***Additional**. This guidance is meant to help with developing a deeper understanding of the concepts.

Hiệp Sĩ Cấp I

THÁNH KINH

Standard	Lesson	Objectives
Weekly Gospel	Weekly Gospel	<ul style="list-style-type: none"> -Read the Bible and open to the guidance of the Holy Spirit -Learn the lessons from Weekly Gospel & apply them to daily life. -Practice the virtue suggested -Remember the main verse -Share the Word of God

ĐỜI SỐNG TÔN GIÁO

Standard	Lesson	Objectives
HS.1.CC.1	The Sacraments	<ul style="list-style-type: none"> -Help student review the sacraments of Initiation: Baptism – Confirmation – Eucharist <p>*Additional:</p> <ul style="list-style-type: none"> -Identify the effects of sacraments on the soul, including sanctifying and sacramental grace. -Recognize the three categories of sacraments: Initiation, Healing, and Service, and their spiritual significance. -Explain the concept of sacramental character (spiritual mark) and which sacraments imprint it permanently. <p>*Can be split for deeper focus:</p>

		<p>Baptism</p> <ul style="list-style-type: none"> -Explain the effects of Baptism, including cleansing of original and actual sin, becoming a child of God, and entering the Church. -Recognize the requirements and dispositions needed for receiving Baptism, both for infants and adults. -Identify the three types of Baptism—by water, by desire, and by blood—and their significance. <p>Holy Communion</p> <ul style="list-style-type: none"> - Learn how to properly prepare for and receive Holy Communion with reverence and love. - Know the Church’s guidelines on fasting and worthiness before receiving Communion. - Understand the meaning, grace, and importance of receiving Jesus in Holy Communion. <p>Confirmation</p> <ul style="list-style-type: none"> -Understand the nature of Confirmation as a Sacrament of Initiation and the obligation to receive it in the state of grace. -Describe the effects of Confirmation, especially the reception of the Holy Spirit and His seven gifts that strengthen faith and Christian life. -Learn about the twelve fruits of the Holy Spirit and the eight Beatitudes as the virtues and rewards resulting from the gifts of the Holy Spirit.
HS.1.CC.2	The Mass	<p>-Understand the Mass & Holy Communion</p> <p>*Additional:</p> <ul style="list-style-type: none"> - Understand the meaning, purpose, and structure of the Holy Mass as the unbloody sacrifice of Jesus Christ. - Identify the key items, vestments, and parts of the Mass, and their spiritual significance. -Recognize the importance of actively and respectfully participating in Mass.
HS.1.CC.3	Devotion to Mary & The Rosary	-Know how to pray the Rosary

		<ul style="list-style-type: none"> -Know the 20 mysteries of the Rosary -Devotion to Mary <p>*Additional:</p> <ul style="list-style-type: none"> -Learn how to pray the Rosary, including the significance of the prayers, mysteries, and proper use of the Rosary beads. -Reflect on the 20 Mysteries of the Rosary (Joyful, Luminous, Sorrowful, and Glorious) and their virtues to imitate Christ and Mary. -Recognize the importance of true devotion to Mary as a means to grow closer to Jesus and live a holy life.
HS.1.CC.4	Eucharistic Visitation & Adoration	<ul style="list-style-type: none"> -Understand about Eucharist Visitation -Understand about Eucharist Adoration <p>*Additional:</p> <ul style="list-style-type: none"> -Describe the purpose and meaning of Eucharistic Visitation and Adoration as a way to deepen faith, worship God, and grow closer to Jesus. -Identify proper attitudes and behaviors during Eucharistic Adoration/Visitation, including faith, reverence, silence, prayer, and reflection. -Apply practical ways to prepare for and engage in Eucharistic Adoration and Visitation, including praying for oneself and others, reading Scripture, and maintaining a respectful, prayerful spirit.
HS.1.CC.5	Prayers	<ul style="list-style-type: none"> -Understand about prayer -Help students remember and use common Catholic prayers <p>*Additional:</p> <ul style="list-style-type: none"> -Recognize the different types and forms of prayer, including mental and vocal prayer, and their role in personal and communal faith life. -Identify common obstacles to prayer and explore practical ways to overcome distractions, dryness, and lack of focus in prayer life. -Apply prayer as a daily practice by integrating it into personal life,

		understanding prayer as communication, encounter, and union with God.
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PHONG TRÀO

Standard	Lesson	Objectives
HS.1.PT.1	Knights of the Eucharist	<ul style="list-style-type: none"> -Understand about the Knight of the Eucharist *Additional: -Identify the vocation, mission, spirituality, slogan, spirit, and maxims of the Knights of the Eucharist -Reflect on the mission (UPS) and what it means in the life of a Knight of the Eucharist
HS.1.PT.2	Living the Eucharistic Day	<ul style="list-style-type: none"> -Understand about becoming holy through Living the Eucharistic Day -The three moments of the Eucharistic Day: Morning Offering – Holy Mass & Communion – Night Offering *Additional: The Morning Offering -Develop the habit of beginning each day with gratitude, intention, and full awareness of God’s presence. -Recognize the spiritual power and value of offering daily actions, joys, and sacrifices to Jesus. -Grow in holiness by living each day united with the Sacred Heart of Jesus, starting with the Morning Offering. Holy Mass & Communion -Participate in the Mass with devotion and recognize its power to transform and save. -Receive Holy Communion with reverence, preparation, and love. -Grow in holiness by becoming one with Jesus in the Eucharist and offering yourself in service to others. The Night Offering -Understand the purpose of the Night Offering as the final act of the Eucharistic Day.

		<ul style="list-style-type: none"> -Develop the habit of ending each day with gratitude, repentance, and spiritual growth. -Grow in holiness by reviewing the day with Jesus and preparing your heart for tomorrow.
HS.1.PT.3	Teamwork	<ul style="list-style-type: none"> -Knight Team Meeting -Team Spirit <p>*Additional:</p> <ul style="list-style-type: none"> -Identify the components of a Knight Team Meeting (including Opening, Activities, and Closing) -Identify the different roles in a team meeting (Team leader, assistant, treasurer, etc.) -Discuss ways in which to bring up team spirit and implement in weekly activities
HS.1.PT.4	EYM's Origin & VEYM Organization	<ul style="list-style-type: none"> -History of EYM -Basic understand of organizational structure -Basic knowledge and understand roles and responsibility of local chapter <p>*Additional:</p> <ul style="list-style-type: none"> -Understand the main goals and spiritual principles of the Eucharistic Youth Movement, such as prayer, sacrifice, and communion with the Church's mission. -Identify key historical milestones in the development of the Eucharistic Youth Movement, including the establishment of the Apostleship of Prayer, the Crusaders, and the Children's Eucharistic Crusade. -Describe the vertical organizational structure of VEYM-USA, including the National Headquarters, League of Chapters, and Chapter levels. -Explain the age divisions in VEYM (Seedling, Search, Companion, Knight of the Eucharist) and their corresponding leadership structure

		-Identify the roles and responsibilities of the Chapter Assembly, Chapter Executive Committee, Division Leaders, and Team Leaders within a Chapter.
HS.1.PT.5	VEYM's Nature	-Unique Points of VEYM -Educational Methods *Additional: -Understand the ultimate goal of VEYM as holiness and apostleship, especially through the practice of Living the Eucharistic Day. -Identify the spiritual foundation of VEYM based on the Bible, Church teachings, and the example of Jesus in the Eucharist. -Describe the key principles, rules, and educational methods (both natural and spiritual) used by VEYM to guide its members' formation.

SPECIALTY TRAINING

Standard	Lesson	Objectives
HS.1.ST.1	Ca Chính Thức Hiệp Sĩ Ca	-Students will understand and sing the following songs: Hiệp Hành Ca Hiệp Sĩ Vào Đời Thiếu Nhi Tân Hành Ca Quốc Ca Việt Nam
HS.1.ST.2	Morse & Semaphore	-Know Morse & Semaphore -Know how to teach Morse & Semaphore
HS.1.ST.2	Knots	-Know 13 basic knots -Know how to teach knots
HS.1.ST.3	The Art of Making Chants/Teaching a Song	-Know how to make chants -Know how to teach a song *Additional: -Practice composing cheers that incorporate meaningful messages, actions, and responses to engage participants.

		<ul style="list-style-type: none"> -Learn the key elements and formula (M-A-S-S) for creating effective, meaningful, and easy-to-remember cheers. -Practice selecting appropriate songs based on age, theme, context, and personal ability to ensure engagement and educational value. -Master different techniques for practicing songs, such as segmental learning, group repetition, using gestures, and interactive activities to enhance memorization and participation. -Learn and apply the five-step method for teaching a song effectively, including listening, marking rhythms, singing confidently, maintaining dynamics, and reviewing.
HS.1.ST.4	<p style="text-align: center;">Education Through Activities Giáo Dục Qua Sinh Hoạt</p>	<ul style="list-style-type: none"> -Know how to prepare and play a game -Know how to apply Bible to a game <p>*Additional:</p> <ul style="list-style-type: none"> -Develop the ability to select and lead activities that are age-appropriate, purposeful, and foster teamwork, leadership, and communication skills. -Learn how to adapt and modify activities creatively to suit different audiences and learning environments while maintaining a positive and lively atmosphere. -Appreciate the role of friendships and relationship-building in youth formation, emphasizing key social skills such as reciprocity, conflict repair, and acceptance.

Hiệp Sĩ Cấp 2

THÁNH KINH

Standard	Lesson	Objectives
Weekly Gospel		<ul style="list-style-type: none">-Read the Bible and open to the guidance of the Holy Spirit-Learn the lessons from Weekly Gospel & apply them to daily life.-Practice the virtue suggested-Remember the main verse - Share the Word of God <p>*See Weekly Gospel Supplemental Guide for assistance</p>

ĐỜI SỐNG TÔN GIÁO

Standard	Lesson	Objectives
HS.2.CC.1	Graces	<ul style="list-style-type: none">-Understand about graces-Different kinds of graces <p>*Additional:</p> <ul style="list-style-type: none">-Explain what grace is, its types, and why it is essential for holiness and salvation.-Show how to welcome God's grace through repentance, prayer, the Sacraments, and acts of love.-Commit to living as a member of Christ's Body, remaining in the state of grace, and growing in virtue.
HS.2.CC.2	Conscience	<ul style="list-style-type: none">-Understand about conscience-Different types of conscience-Build a good conscience <p>*Additional:</p> <ul style="list-style-type: none">-Define conscience and explain its role as the voice of God guiding us to do good and avoid evil.-Describe the three elements that form conscience: innate moral knowledge, learned moral principles, and the effects of one's moral behavior.

		<ul style="list-style-type: none"> -Identify and differentiate various states of conscience such as certain, doubtful, erroneous, hardened, lax, and scrupulous conscience.
HS.2.CC.3	Sin	<ul style="list-style-type: none"> -Basic understanding about conscience -How we use it go through daily life <p>*Additional:</p> <ul style="list-style-type: none"> -Explain the difference between original sin and actual sin, and describe how actual sin can be mortal or venial -Identify the necessary conditions that make a sin mortal: grave matter, full knowledge, and deliberate consent. -List and describe the seven capital sins and the corresponding virtues that oppose them.
HS.2.CC.4	Sacrament of Reconciliation	<ul style="list-style-type: none"> -Understand the Sacrament of Reconciliation -Partial & Plenary Indulgences <p>*Additional:</p> <ul style="list-style-type: none"> -Describe the four essential steps of a good confession: examination of conscience, sorrow for sins, confession, and penance -Identify the qualities of a worthy confession and understand the importance of sincere contrition and resolution to amend -Understand the purpose of penance in repairing the effects of sin and committing to perform it as directed by the confessor.
HS.2.CC.5	Indulgences	<ul style="list-style-type: none"> -Understand about indulgences -Partial & Plenary Indulgences <p>*Additional:</p> <ul style="list-style-type: none"> -Understand what indulgences are and how they relate to temporal punishment and penance in the Catholic Church -Explain the Church's authority to grant indulgences and the different types: plenary (full) and partial indulgences. -Identify the conditions necessary to gain indulgences, including being in a state of grace and performing the prescribed works.

Additional	The Beatitudes	<ul style="list-style-type: none"> -Explain how each Beatitude challenges us to grow spiritually and in relationship with others. -Reflect on the connection between the Beatitudes and the Gifts of the Holy Spirit, seeing them as both a call and a grace to live like Christ. -Apply the Beatitudes practically in daily life by choosing spiritual values over materialism, forgiving others, seeking justice, and being peacemakers.
Additional	Introduction of the Divine Mercy	<ul style="list-style-type: none"> -Recognize the symbolism of the Divine Mercy image and its message of trust in Jesus. -Explain the Feast of Divine Mercy and the promises attached to its observance. -Learn the importance of the Hour of Great Mercy and how to practice it daily. -Learn the Divine Mercy Novena

PHONG TRÀO

Standard	Lesson	Objectives
HS.2.PT.1	VEYM	<ul style="list-style-type: none"> -History of VEYM *Additional: -Explain the origins and early development of the Vietnamese Eucharistic Crusade (Nghĩa Binh Thánh Thể) from 1929 onward. -Understand the role of core rules, prayers, and uniforms in shaping the identity and spirituality of members. -Describe the spread and growth of VEYM globally, especially in Vietnamese Catholic communities after 1975.
HS.2.PT.2	Council & Assembly	<ul style="list-style-type: none"> -Understand the basic structure of the establishment of each committee -Identify 8 regions -Understand basic structure of the establishment of each committee *Additional:

		<ul style="list-style-type: none"> -Understand the roles and structures of councils and committees within VEYM. -Identify the duties of various leadership positions. -Describe the three main levels of VEYM-USA's organizational structure: National, League of Chapters, and Chapter. -Explain how different committees and subcommittees support the mission of VEYM-USA.
HS.2.PT.3	Vocation, Mission, and Responsibility of a Youth Leader	<ul style="list-style-type: none"> -Know the mission of a youth leader -Know the responsibilities of a youth leader -Six focus points of a youth leader <p>*Additional:</p> <ul style="list-style-type: none"> -Identify the different types of vocations (basic, life, and mission) and understand how the TNTT Youth Leader vocation continues Christ's mission. -Explain the responsibilities of a Youth Leader toward oneself, the chapter, and the youth they serve -Apply the six focal points (Vision, Passion, Determination, Mission, Motivation, and Action) to grow as a leader rooted in the Eucharist and dedicated to forming young disciples
HS.2.PT.4	Eucharistic Spiritual Flame	<ul style="list-style-type: none"> -Understanding the meaning and purpose of the Eucharistic Spiritual Flame <p>*Additional:</p> <ul style="list-style-type: none"> -Explain the spiritual and natural significance of fire and how it relates to the Eucharistic Fire in VEYM traditions -Identify the key components and structure of the Eucharistic Fire program, including its connection to the Holy Trinity and biblical salvation history -Demonstrate understanding of the roles and responsibilities of coordinators involved in organizing the Eucharistic Fire event
HS.2.PT.5	Psychology: 4 Divisions	<ul style="list-style-type: none"> -Develop a basic understanding of the psychology of the 4 divisions

		<p>*Additional:</p> <ul style="list-style-type: none"> -Describe the key psychological and social characteristics of each TNTT division (Seedling, Search, Companion, and Knights of Eucharist) and how they affect learning and behavior -Identify effective teaching methods and leadership approaches appropriate for the developmental needs of each age group. -Apply strategies to support Hiệp Sĩ's growth in faith, leadership, and social integration
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SPECIALTY TRAINING

Standard	Lesson	Objectives
HS.2.ST.1	Ca Chính Thức Hiệp Sĩ Ca	<ul style="list-style-type: none"> -Students will understand and sing the following songs: Hiệp Hành Ca Hiệp Sĩ Vào Đời Thiếu Nhi Tân Hành Ca Quốc Ca Việt Nam
HS.2.ST.2	Leading a Meeting	<ul style="list-style-type: none"> -Students will learn how to conduct and lead an effective meeting <p>*Additional:</p> <ul style="list-style-type: none"> -Understand the purpose, structure, and key roles in an effective HT meeting. -Learn how to prepare an agenda, facilitate discussion, and document meeting outcomes. -Apply meeting checklists and best practices to ensure productive, goal-oriented meetings.
HS.2.ST.2	Personality & Spiritual Life of a Servant Leader	<ul style="list-style-type: none"> -Develop humanity through building leadership characteristics -Develop spiritual life according to Catholic faith <p>*Additional:</p> <p>Personality:</p> <ul style="list-style-type: none"> -Identify the key virtues, manners, and cultural values that shape the personality of a Catholic TNTT leader.

		<ul style="list-style-type: none"> -Explain how these virtues (body, mind, spirit, talents) help build a well-rounded person and a good Christian. -Demonstrate leadership qualities such as joy, patience, responsibility, and humility in practical, everyday situations. <p>Spiritual Life:</p> <ul style="list-style-type: none"> -Identify the key aspects of a Christian leader’s spiritual life rooted in the Holy Trinity and the Church community -Commit to growing in holiness by practicing prayer, sacramental life, and living out the virtues modeled by Mary, Jesus, and the saints -Embody the qualities of a Christ-like leader who inspires others by living faithfully and responsibly in both Church and society
HS.2.ST.3	Lesson Preparation & Teaching Techniques	<ul style="list-style-type: none"> -Lesson Plan -Teaching Techniques <p>*Additional:</p> <ul style="list-style-type: none"> -Plan and prepare engaging and effective catechetical lessons. -Develop strategies for classroom management and student engagement. -Grow in confidence and clarity as a Catholic educator.
HS.2.ST.4	Projects	<ul style="list-style-type: none"> -Understand project management life cycle -Understand project execution and control -Understand project proposal and planning <p>*Additional:</p> <ul style="list-style-type: none"> -Learn the stages of the project management life cycle: initiation, planning, execution, monitoring, and closure. -Develop organizational skills for planning and executing group projects. -Apply these skills to VEYM activities and apostolic missions.
Additional	Conduct & Manner of a Servant Leader	<ul style="list-style-type: none"> -Understand the essential virtues of a servant leader: humility, patience, compassion, and responsibility.

		<ul style="list-style-type: none">-Practice proper manners and behaviors in different VEYM settings.-Develop a leadership style rooted in service, respect, and Christ-centered love.
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